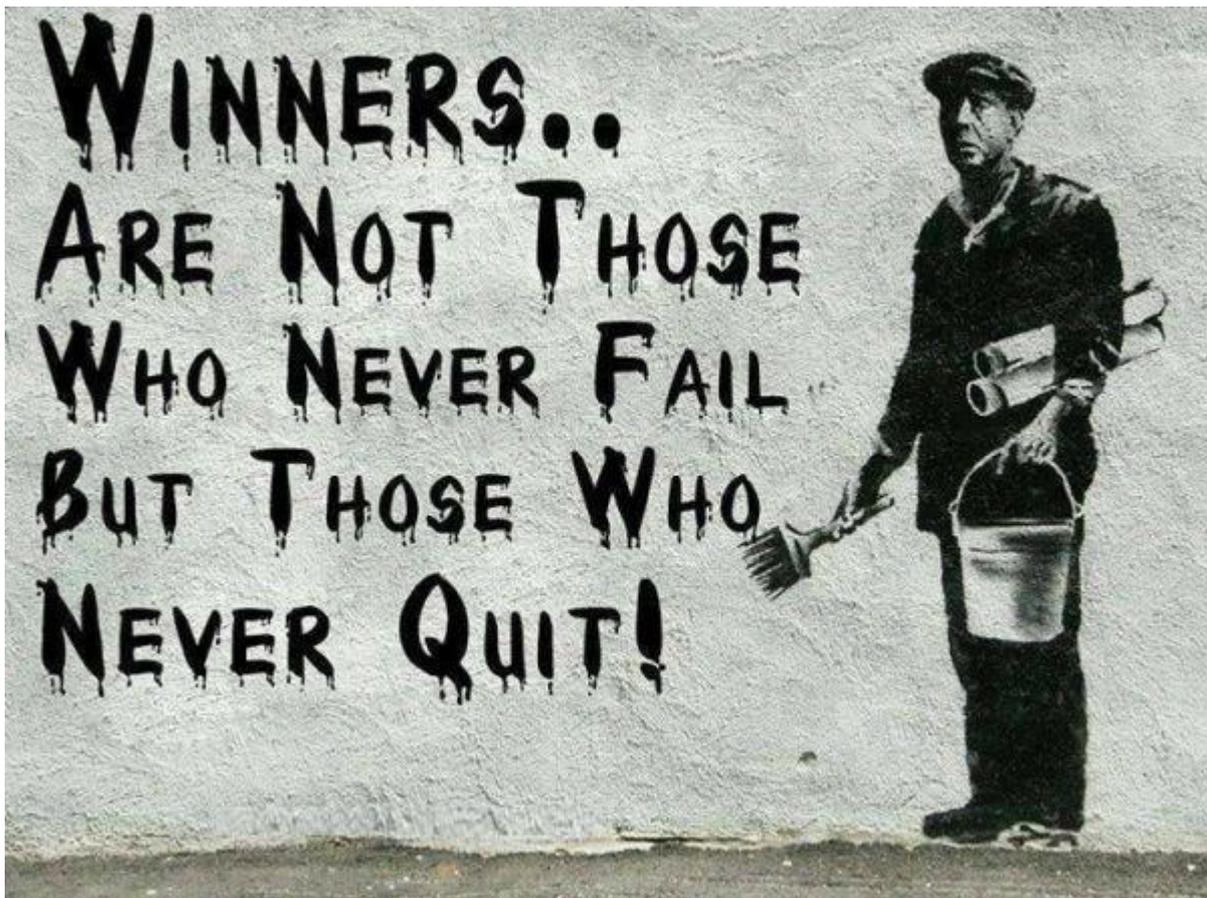


Year 11 Revision Pack 2015

A Practical Guide



What is the point of revision?

- It is to **remember** things.
- The best way to **remember** is through **cues**.
- A cue is something that you associate with something else.

Colour, Smell, Taste, Sound

All things that you have at your fingertips.



The image displays several visual cues: a set of four colored pencils (yellow, red, green, blue) in the top right; a pile of colorful, round candies in the center; a close-up of a cow's face in the bottom right; a decorated Christmas tree with a teddy bear and gifts in the bottom left; and five colored circles (red, purple, yellow, red, green) on the left side.

The first rule of revision:

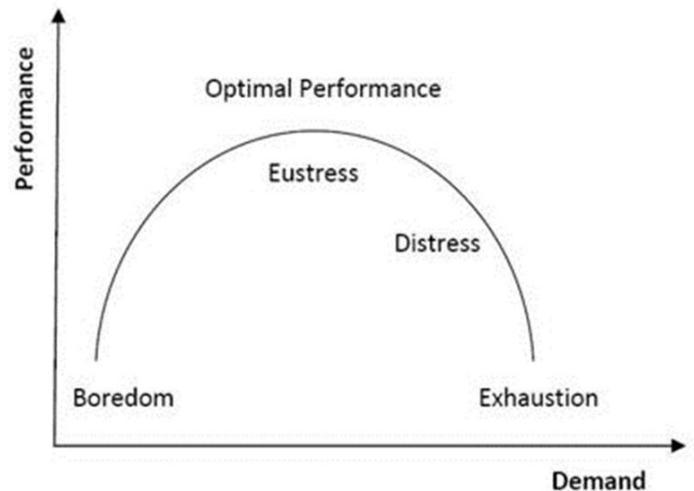
Don't worry!

Worrying will put you off and stop you from doing anything at all.

What is your balance of stress like?

Positive stress (eustress) = good performance

Negative stress (distress) = poor performance/burnout



Second rule of revision:

Do not take the easy option and go over things that you already know.

This might make you feel better (and boost your confidence) but actually is of no benefit.



Third rule of revision:

Find out exactly what you need to know!

Look at the textbook or revision guide– this will often summarise what you need to know.

Final Rule:

Plan your revision. There's no point in trying to cram too much in.

You know when your exam is. What will you need to cover by that date?

How *can* I revise then?

Everyone is different and so you all have different things that work for you.

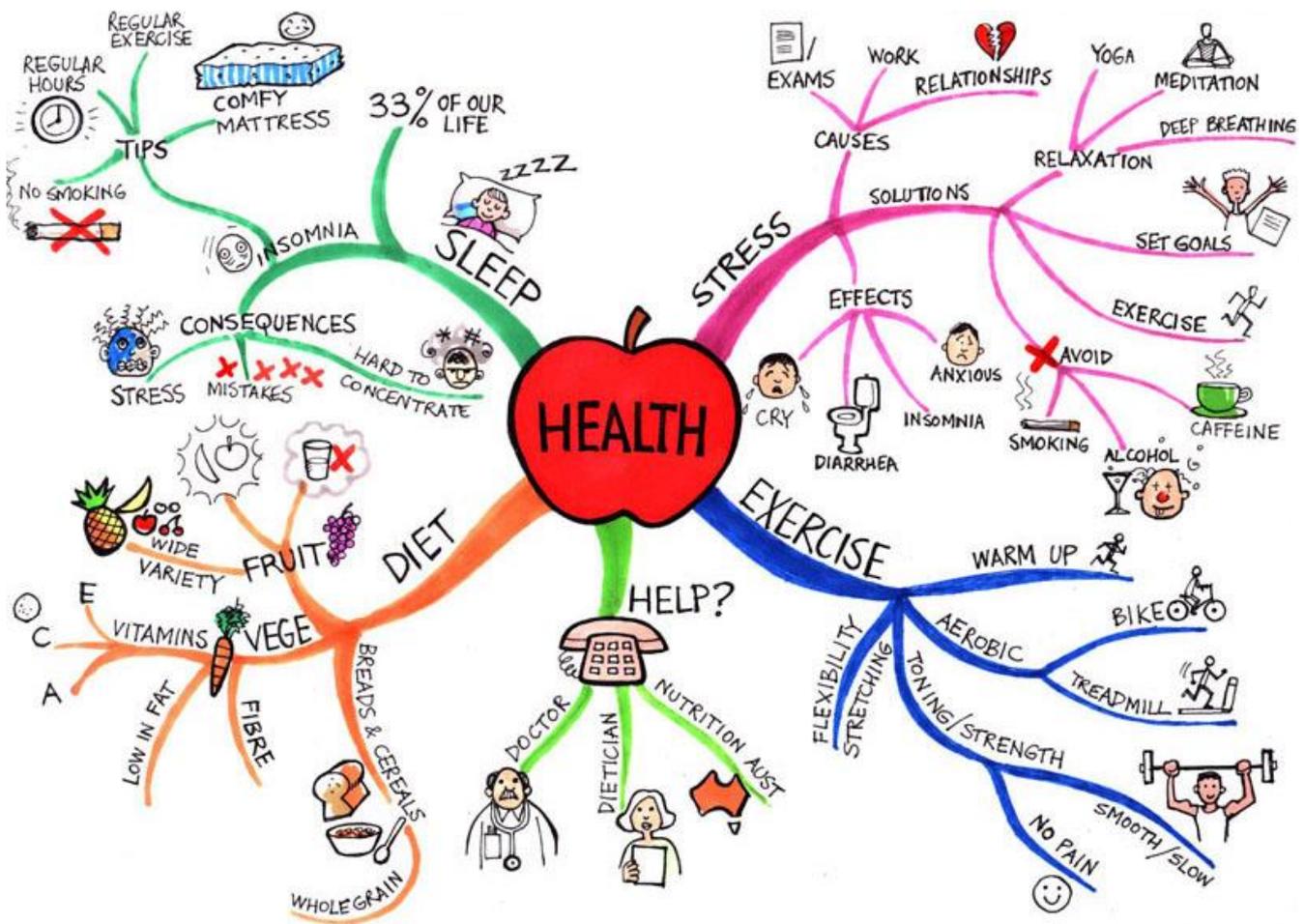
It isn't a good idea to write out all of your notes all over again. There are so many things you can try:

Key Revision Strategies

1. **Mind Maps**
2. **Flash Cards**
3. **Reading Out Aloud**
4. **Re-writing notes in bullet form/images**
5. **Chunking**

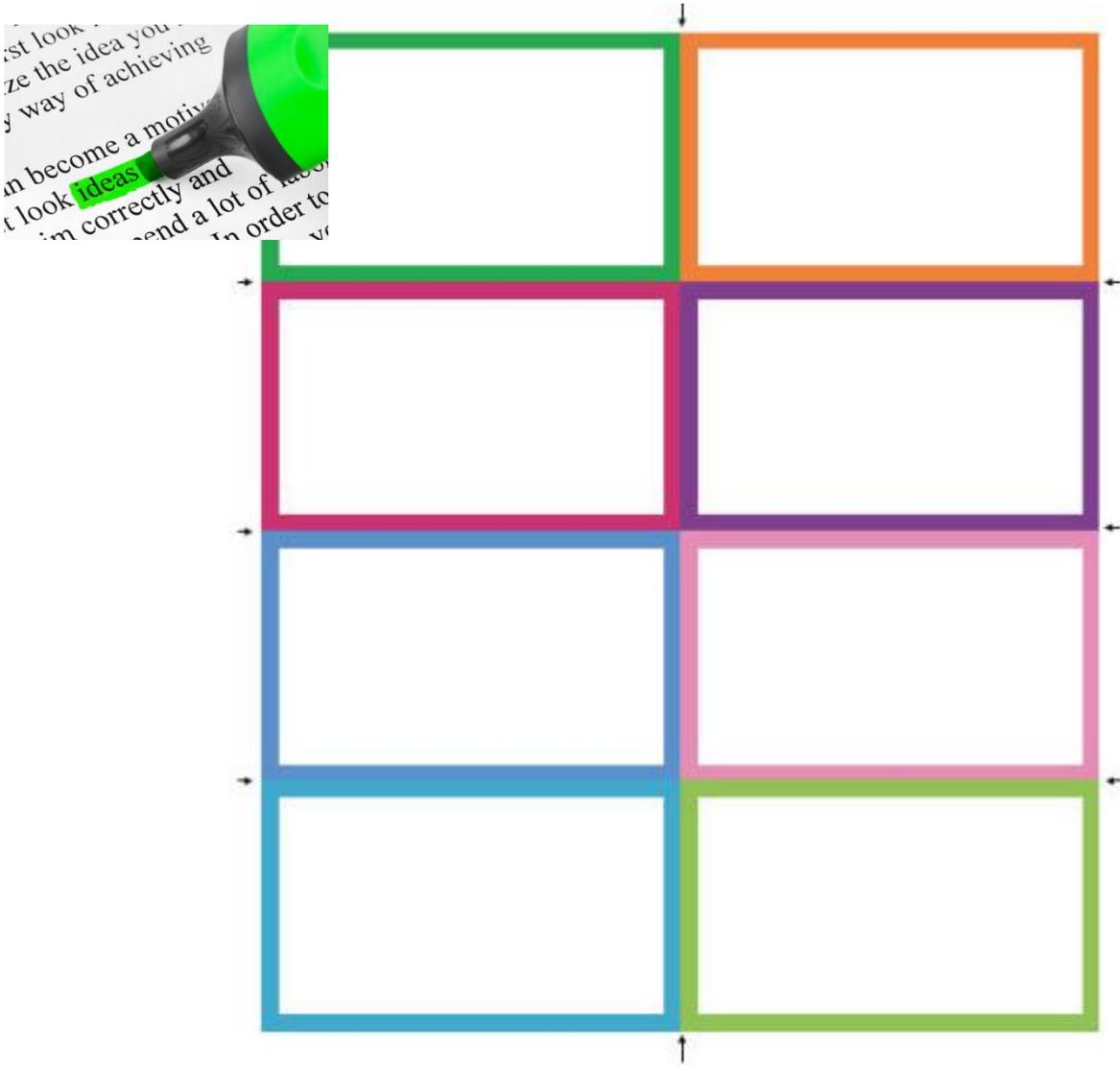
**However – the best way is to combine these strategies
EG-**

- Chunk the information first
- Create some flashcards using colours and images to aid your memory
- Read your flashcards out loud



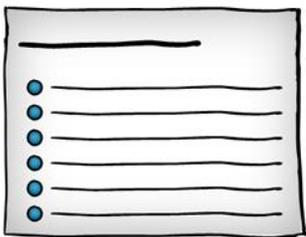
Mind Maps

- Mind maps are a revision strategy that can also be used after the revision session as a visual aid.
- The use of colour and image are important and they will help you to visualise your notes in an exam. Try to link the colour used to your understanding of the topic.
- For example, if revising diet you may want to use green for fruit and vegetables and red for protein (meat).



Flashcards

- Flashcards are a revision strategy that can be created and then used again as you test your understanding.
- The key with flashcards is only writing key bullet points that can be easy to remember.
- You can also try putting a question on one side and an answer on the other.
- For example, 'When was the battle of Hastings?'
1066.



Re-writing notes in bullet form or images

- You may want to start this technique by highlighting the key points in your work, then re-write them in bullet form making them easier to revise.
- This can be used with past papers and mark schemes.

Reading Out Aloud

- This is exactly what it says. You read out your revision notes. This works well combined with another revision strategy.
- For example, creating flashcards and reading them aloud.

Chunking

- Chunking is splitting work into manageable chunks.
- You can then revise each chunk and simplify these using bullet points, key facts, highlighting.



- For example, try to remember this number:

1948200418662015

- Now try to remember these numbers:

1948

2004

1866

2015

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
10am	Maths - averages		Meet up with TB to go over French speak				
11am							45 Minutes Bitesize Maths
12pm	Bitesize -maths	lunch					45 minutes English
1pm	lunch	4Geography - rocks					
2pm					45 minutes English		
3pm	Maths averages recap				45 minutes Fractions		
4pm	Maths - algebra						
5pm		Recap rocks	45 minutes Food - Pastry				
6pm			45 minutes Anatomy				
7pm	Maths – algebra recap					45 minutes Tourism (Good)	
8pm	MATHSWATC H Recap all					45 Minutes Food - Pastry	

Make sure that you are **specific** when you plan your revision – this will make sure you don't miss out any key topics. Plan in time to use websites such as Bite-Size.

SAMPLE REVISION TIMETABLE

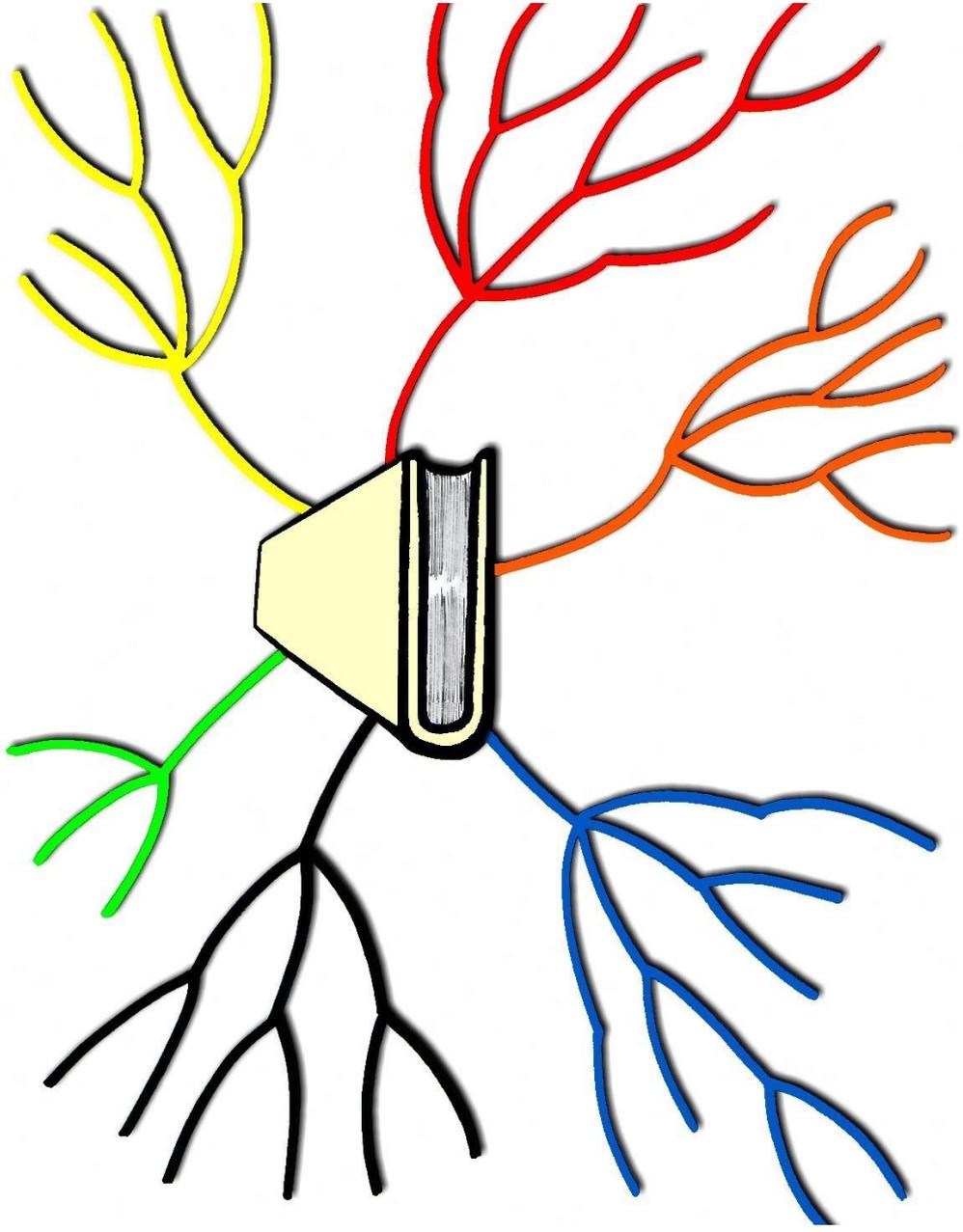
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
10am							
11am							
12pm							
1pm							
2pm							
3pm							
4pm							
5pm							
6pm							
7pm							
8pm							

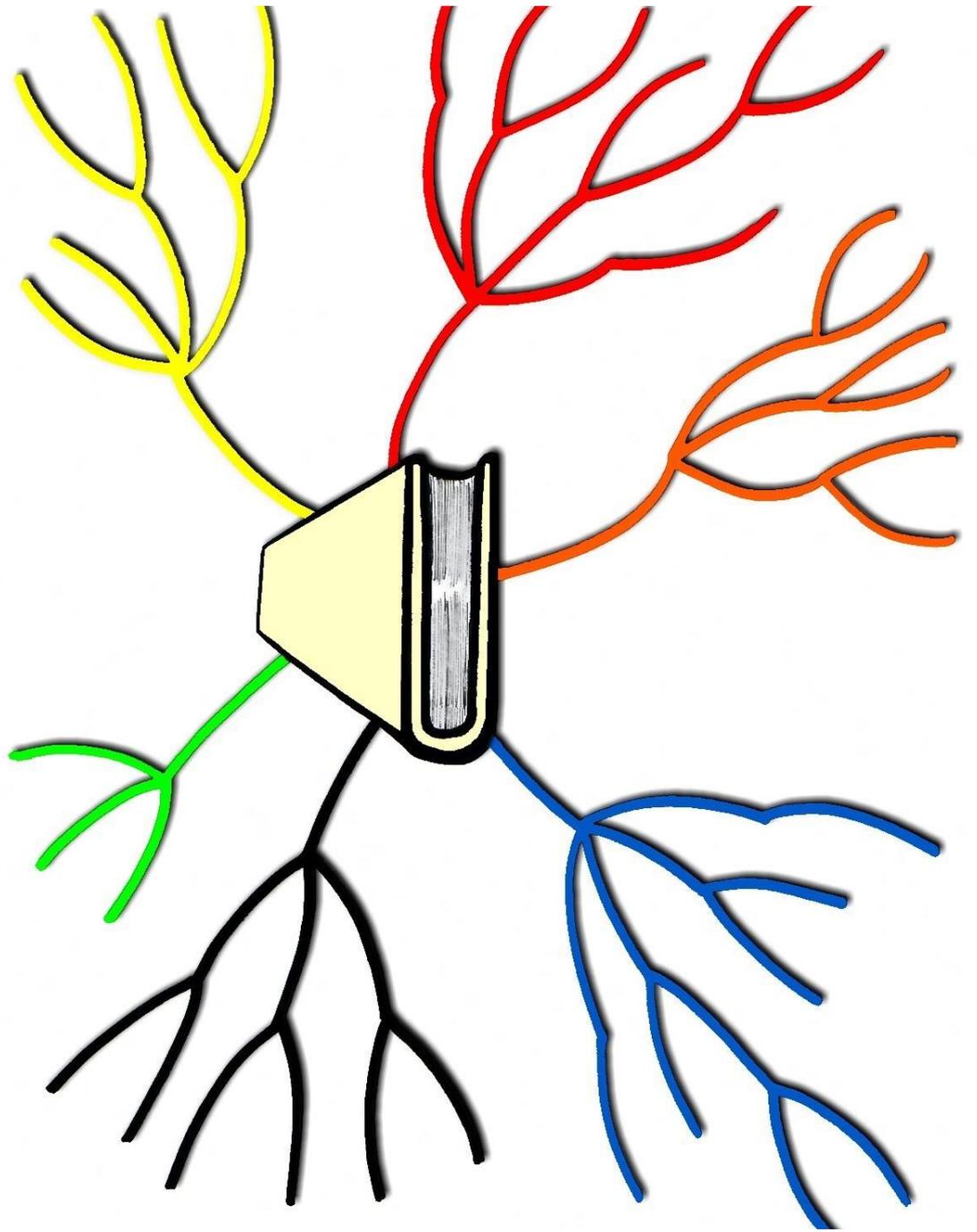
BLANK REVISION TIMETABLE

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
10am							
11am							
12pm							
1pm							
2pm							
3pm							
4pm							
5pm							
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7pm							
8pm							

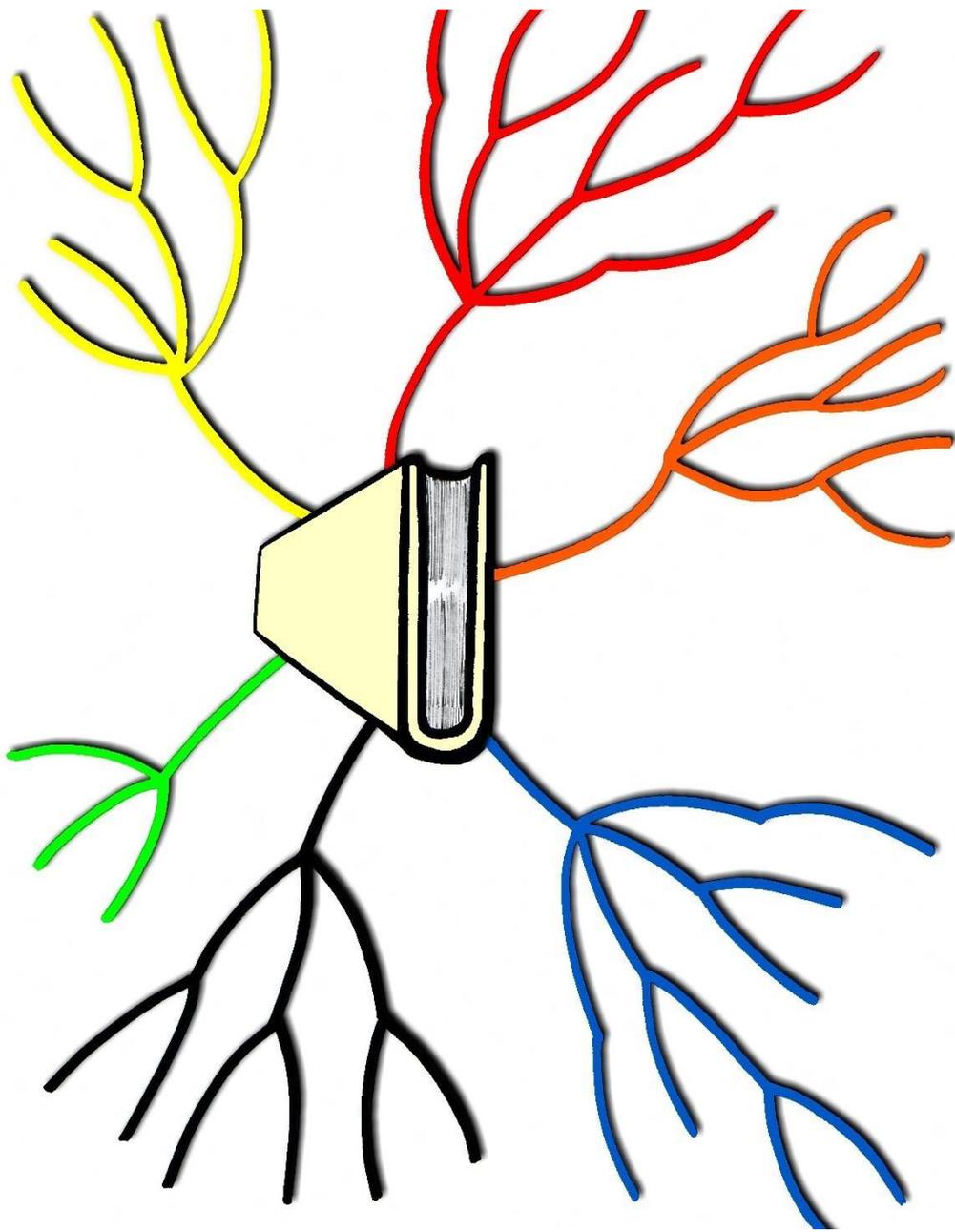
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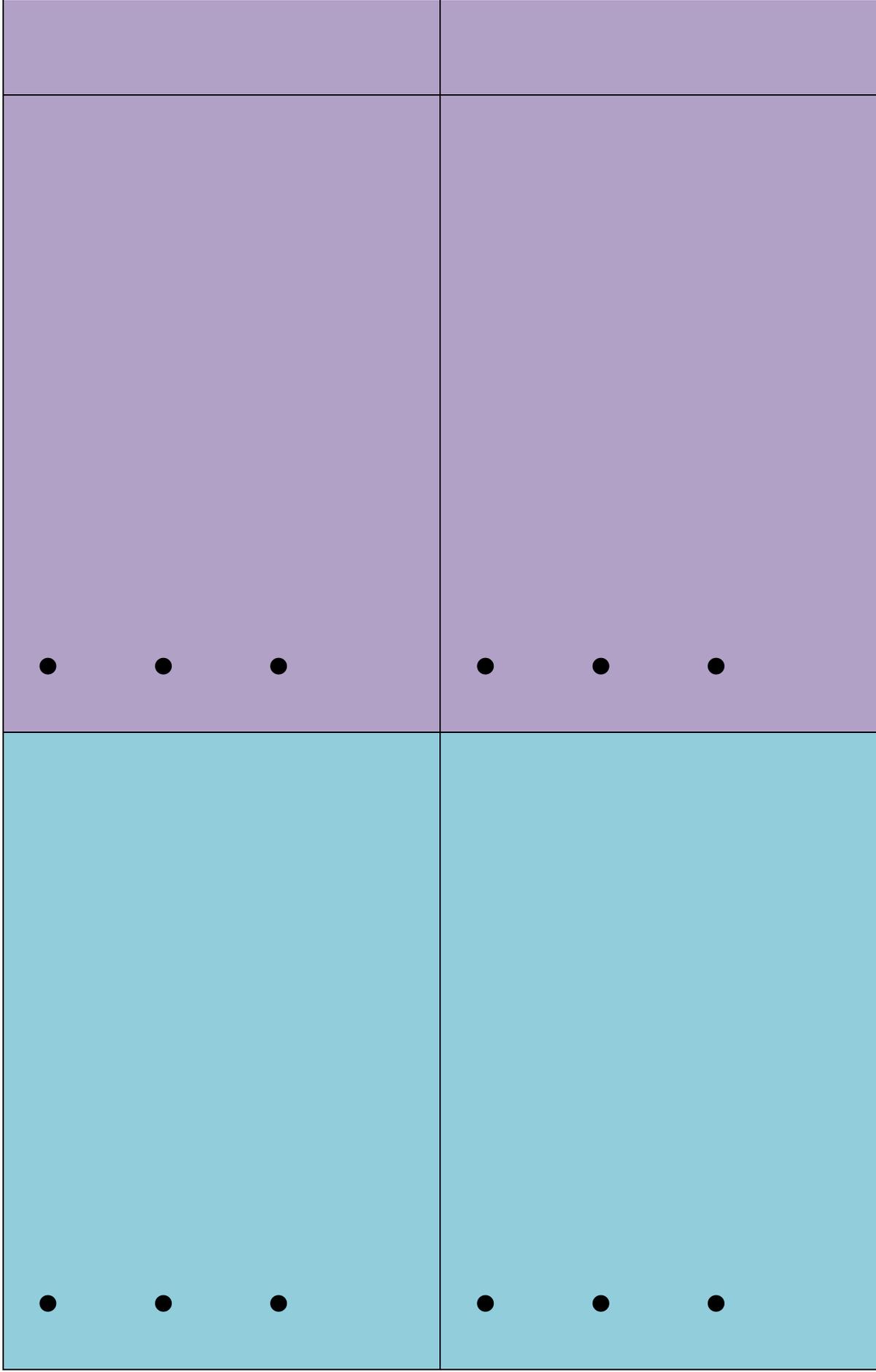
Mind Map Template





Mind Map Template





Flashcard Template



Flashcard Template

Hints and Tips

- Have a clear aim for each revision session – ‘by the end of this session I will have...’
- Find a suitable quiet place to revise, avoid distractions.
- Short bursts of 30-45 minutes are most effective, make sure you plan time for regular breaks.
- Use practice exam papers given by your teacher.
- DO YOUR exam question HOMEWORK! Then you will find out if your answers are correct ready for the real exam!

There are masses of resources available online:

- BBC Bitesize

It is not all about facts

Learning facts is only part of the battle.

You need to arrange your thoughts on paper and make sure you *answer* the question.